

We've got what you like!™



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seafood



ribs



steak



salads



gluten FREE MENU



salads

GRILLED CHICKEN CLUB – Fresh salad greens, applewood smoked bacon, shredded cheeses, chopped egg and tomatoes with a char-grilled chicken breast. Served with honey-mustard dressing.

CRANBERRY WALNUT CHICKEN SALAD

Tender chicken, applewood smoked bacon, sweet dried cranberries, bleu cheese crumbles, candied walnuts and fresh greens tossed in sweet Italian dressing.

LIGHT classics

STUFFED BAKED POTATO & SALAD – Accompanied by either a small Caesar or house salad without the croutons.

Choose your favorite topping...

BUFFALO

Spicy grilled chicken, cheese and ranch dressing.

CHICKEN RANCH

Grilled chicken breast, cheese and ranch dressing.

BROCCOLI CHEESE

Grilled chicken breast, broccoli and shredded cheese.

BACON CHEESE

Melted shredded cheese and applewood smoked bacon.

FRESH burgers

All of our burgers* are fresh 100% USDA beef and are served with lettuce, tomato, onion, pickles and one side choice.

THE GROUND ROUNDER – Our traditional burger served on a gluten free bun. (Also available in a 1/4 lb. version for the smaller appetite.) Add cheese and bacon for an additional charge.

BRUSCHETTA BURGER – A juicy burger topped with freshly prepared bruschetta, mozzarella, lettuce, onion and pickle.

SIDE CHOICES

- Baked Potato
- Vegetable of the Day
- Broccoli
- Mashed Red Skin Potatoes
- House or Caesar Salad (no croutons)

PREMIUM SIDE CHOICE

Available for an additional charge.

- Grilled Asparagus

DRESSING CHOICES

- Ranch
- French
- Honey Mustard
- Raspberry Vinaigrette
- Italian
- Caesar
- Thousand Island
- Bleu Cheese

GLUTEN-FREE BEER Redbridge (Anheuser-Busch)

ribs

 SERVED WITH TWO SIDE CHOICES.

BBQ BABY BACK RIBS – Our famous, tender, slow-cooked, barbecued baby back ribs. Available in a 1.5 lb. portion or half portion.

BBQ RIBS & STEAK – A half portion of baby back ribs served with a 7 oz. center-cut steak.

BBQ RIBS & CHICKEN – A half portion of baby back ribs served with a BBQ chicken breast.

chicken

 SERVED WITH TWO SIDE CHOICES.

BONELESS CHICKEN DINNER – Two flavorful chicken breasts served blackened, honey BBQ, Buffalo or plain. Also available in a lighter single breast portion.

BALSAMIC CHICKEN DINNER – Char-grilled chicken breasts topped with white butter sauce, fresh house-made bruschetta and a splash of balsamic glaze. Also available in a lighter single breast portion.

steak

CHOICE CENTER-CUT SIRLOIN* – A 12 oz. choice center-cut cooked to your liking. Served with choice of two sides. Also available in a 7 oz. center-cut sirloin.

CARIBBEAN SIZZLING SIRLOIN TIPS* – Sirloin tips basted in sweet and spicy BBQ sauce. Served over sautéed peppers, onions and caramelized pineapple. Served with choice of one side.

seafood

 SERVED WITH TWO SIDE CHOICES.

BAKED COD – Baked cod topped with butter without bread crumbs.

GRILLED SALMON – Lightly seasoned grilled salmon served without garlic bread.

MANGO GRILLED TILAPIA – Blackened tilapia topped with fresh mango salsa.

Our top priority at Ground Round is always the health and safety of our guests. As part of our commitment to you, our gluten-free menu is based on ingredients provided by our food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes may occur due to the differences in regional suppliers, recipe revisions and preparation techniques. Products that contain gluten are prepared in our kitchen. We at Ground Round go to tremendous strides to identify all forms of gluten and gluten derivatives. Unfortunately, we cannot guarantee that the food on this menu is free from gluten. Please ask to speak with a manager if you have any questions.

*Cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.